

AHEAD OF THE CURVE

EMERGING CF THERAPIES 2009



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Managing Patient Expectations - Christopher Goss, MD

Learning Objective:

1. Review the clinical cases of patients diagnosed with cystic fibrosis to increase and reinforce their competence.
2. Review clinical cases of patients diagnosed with cystic fibrosis is to increase and reinforce their confidence.
3. Interpret and apply the results of clinical trials.

Abstract:

This presentation integrates information about the emerging therapies into fundamental therapies in current clinical practice strategies for managing patient expectations. New therapies in the development pipeline for patients with cystic fibrosis offer great promise. However, they also pose a number of challenges. The first challenge is to manage the heightened expectations patients and their families have regarding these new treatments. Evidence in the form of phase 3 clinical trial results is needed to delineate the role of these therapies in cystic fibrosis. Conducting clinical trials in cystic fibrosis is challenging. The population is limited and many important outcomes (i.e. lung function decline) require relatively large sample sizes. Once therapies prove efficacious in clinical trials, physicians, patients and patient's families will need to determine the appropriate setting for using these treatments. Managing expectations will be critical for patients and their families.